

Florida Department of Health in Volusia County COMMUNITY HEALTH IMPROVEMENT PLAN ANNUAL PROGRESS REPORT

2019

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Introduction

This is the annual review report for the 2016 – 2019 Volusia County Community Health Improvement Plan. The activities and collaborative efforts of the Florida Department of Health in Volusia County and community partners will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Volusia County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

Overview of CHIP and Annual Review Meeting

In October of 2015, the Community Health Assessment Leadership Team first met. Between that time and June 2016, there were multiple meetings of the leadership team, community partner organizations and stakeholders. A community survey was conducted, and the Florida Department of Health in Volusia County hosted four town halls each in a different geographic location to cover all areas of the county. Over 300 data indicators were considered and methodically narrowed to those with the greatest community impact. The remaining indicators were grouped into five Priority Health Issues.

On July 26, 2016, Healthy Volusia convened over 40 community partner organizations and stakeholders to review the Priority Health Issues and develop goals, objectives and strategies for a countywide Community Health Improvement Plan. DOH-Volusia staff from Community Health and Planning and Performance Management reviewed the CHNA and invited open dialogue to contribute to the development of the CHIP.

Attendees were self-assigned to the five Priority Health Issues for a facilitated process to identify two goals per strategic issue and two objectives for each goal by consensus. Activities were defined, responsibilities assigned, and timelines generated.

Progress on goals and objectives will be reviewed annually at the June or July Healthy Volusia meeting where community partners will provide updates on activities. At that time, activities may be redefined, and timelines reset based on community needs.

The purpose of the Healthy Volusia meeting on June 25, 2019, was to learn about community partner activities in support of the CHIP from July 1, 2018, through June 30, 2019. The agenda focused on the five Priority Health Issues (see table below) identified in the collaborative Community Health Needs Assessment process and utilized a facilitated process of verbal reporting. Partner organizations who participated in this meeting included:

- ♦ Early Learning Coalition of Flagler and Volusia Counties
- ♦ Florida Bureau of Braille and Talking Book Library
- ♦ Florida Department of Health in Volusia County Community Health
- Florida Department of Health in Volusia County Planning & Performance Management
- Healthy Start Coalition of Flagler & Volusia Counties
- ♦ One Voice for Volusia
- ♦ SEDNET
- United Way of Volusia-Flagler Counties
- ♦ University of Florida Family Nutrition Plan
- ♦ University of Florida/Institute of Food and Agricultural Science
- Volusia County Schools
- ♦ Votran

The outcomes of this meeting were updates on CHIP implementation progress which will be shared throughout this report. Please refer to the table below for strategic issue areas and goals developed by a workgroup of subject matter experts.

Strategic Issue Area	Goal
	Increased knowledge and decreased stigma for mental and behavioral health in Volusia County.
Adult Behavioral Health	Improved access to mental and behavioral health services through improvement sin intake and accessibility
Youth Behavioral Health	 All available youth behavioral health resources in Volusia county are identified and supported.
	2. Increased access to youth behavioral health care
Barriers to Accessing	Identify barriers to care at all levels and identify strategies to eliminate them
Health Care Services	Create a unified and valid/accurate data collection and sharing system
Healthy Eating and	 Educate and inspire change for enhancing HEPA at the individual, family and community level.
Physical Activity	Motivate and advocate HEPA policies in the public and private domains
Chronic Disease: Cardiovascular Disease	Increase access to Cardiovascular Disease/Diabetes Management Care
and Diabetes	Increase participation in Cardiovascular Disease/Diabetes management education and prevention programs.

2019 Progress and 2020 Revisions

Strategic Issue Area #1: Adult Behavioral Health

Behavioral health is a term that covers the full range of mental and emotional well-being – from coping with daily life challenges to the often-complex treatment of mental illnesses, such as depression or personality disorder, as well as substance use disorder and other addictive behaviors. Now more than ever, health experts across all fields are recognizing the important link between good behavioral health and good overall health. According to the 2000+ respondents of the Community Health Survey, Behavioral Health related issues were the top three unhealthy behaviors Volusia County residents were most concerned about (Drug Abuse, 56%, Mental Health/Stress 47% and Alcohol Abuse 45%).

Goal A: Increased knowledge and decreased stigma for mental and behavioral health in Volusia County

Strategy: Promote understanding of mental health and substance abuse issues.

Objective 1: Host four countywide Mental Health First Aid trainings in Volusia County by June 30, 2017.

Key Partners: SMA Healthcare

	2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²			
1.	Host four countywide Mental Health First Aid trainings in Volusia County by June 30, 2017.	16	23 new	4 new	6/30/17		Completed			
		2	020 Revisions							
N/A										
	Rationale									
N/A										

Progress in 2019

SMA Healthcare employed a Mental Health Training Awareness Coordinator to coordinate Mental Health First Aid trainings throughout Volusia County. While the target date for this objective was in 2017, work has continued on the objective. In 2018-19, 23 training sessions were conducted in 3 of the 4 quadrants in Volusia County with 436 people trained in Mental Health First Aid.

How Targets Were Monitored

Goal A: Increased knowledge and decreased stigma for mental and behavioral health in Volusia County.

Strategy: Promote understanding of mental health and substance abuse issues.

Objective 2: Improve understanding of mental and behavioral health issues among Volusia County surveyed residents by 50% as evidenced by pre/post survey results by 7/31/17.

Key Partners: SMA Healthcare, One Voice for Volusia, multiple community partners.

		201	9 Performanc	e			
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
2.	Improve understanding of	No survey con- ducted	While no mental health survey was conducted, the CHNA process included a community survey (2608 responses). #1 health concern was addiction and #3 was mental health.	Survey con- ducted with 50% improved response	7/31/17	No trend data	Not Completed
		20	020 Revisions				
N/A							
			Rationale				
N/A							

Progress in 2019

There was no progress on this specific objective in 2018-19. There was waning community interest in conducting a resident survey. However, the Community Health Needs Assessment process began again which included a community survey (conducted in January through March 2019) on myriad health-related issues. In addition to the survey responses noted above, responses to "Unhealthy Behaviors YOU Are Most Concerned About" (select up to 5) included the number 1 and 2 responses of alcohol/drug abuse (71.1%) and mental health problems/stress (54.9%).

How Targets Were Monitored

Targets were monitored by verbal reports from community partners at Healthy Volusia meetings and results of the CHNA Community Health Survey.

Goal B: Improved access to mental and behavioral health services through improvements in intake and accessibility.

Strategy: Collaboratively establish a centralized receiving system to increase access into services.

Objective 1: Create a plan by September 30, 2016, to establish a centralized receiving system by June 30, 2018.

Key Partners: SMA Healthcare

	2019 Performance										
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²				
1.		Plan drafted	Plan implemented	A plan for a Central Receiving System established.	7/31/18	•	Completed				
		2	020 Revisions								
N/A											
Rationale											
N/A											

Progress in 2019

SMA Healthcare sought and received funding to establish a centralized receiving system. The plan to establish the system was included in the funding application. The centralized receiving system was implemented in 2017.

How Targets Were Monitored

Strategic Issue Area #2: Youth Behavioral Health

Preventing mental and/or substance use disorders and related problems in children, adolescents, and young adults is critical to Americans' behavioral and physical health. Behaviors and symptoms that signal the development of a behavioral disorder often manifest two to four years before a disorder is present and according to the National Institute for Health, 50% of mental health disorders have their onset by age 14. In addition, people with a mental health issue are more likely to use alcohol or drugs than those not affected by a mental illness.

While Mental Health was the initial selected health priority by the CHNA Leadership Team, there was consensus among the CHNA Partners when moving forward into the health improvement planning phases, that Youth Behavioral Health must also be considered. The information and data captured in sections 7. Child/Adolescent Issues and 10. Crime, Domestic Violence and Child Abuse also contain strong indicators and predictive tools for Youth Mental Health and will help guide and inform future strategies and approaches to improving Youth Mental Health in Volusia County. By including Youth Behavioral Health, a more data rich environment will be available for investing in screening, prevention and intervention strategies, creating safe prosocial environments, promoting youth centered policies and promoting trauma informed care practices.

Goal A: All available youth behavioral health resources in Volusia County are identified and supported.

Strategy: Increase knowledge of youth behavioral health resources in Volusia County.

Objective 1: Identify/*c*reate a youth behavioral health coalition with at least 10 members by June 30, 2017.

Key Partners: The Children's Work Group of the Volusia/Flagler Behavioral Health Consortium

	2019 Performance								
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²		
1.	Identify/create a youth behavioral health coalition with at least 10 members by June 30, 2017.	0 established coalition	The coalition continues to meet regularly.	1 coalition establish ed.	6/30/17	A	Completed		
		202	20 Revisions						
N/A									
Rationale									
N/A									

Progress in 2019

The Children's Work Group (CWG) of the Volusia/ Flagler Behavioral Health Consortium continues to meet regularly.

How Targets Were Monitored

Goal A: All available youth behavioral health resources in Volusia County are identified and supported.

Strategy: Increase knowledge of youth behavioral health resources in Volusia County.

Objective 2: Provide referral, financial, and promotional support to Children's Work Group members by implementing at least one new support by June 30, 2017.

Key Partners: The Children's Work Group of the Volusia/Flagler Behavioral Health Consortium

	2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²			
2.	Provide referral, financial, and promotional support to Children's Work Group members by implementing at least one new support by June 30, 2017.	1 support	The coalition continues to be supported by the Volusia/Flagler Behavioral Health Consortium	Ongoing support.	6/30/17	•	Completed and ongoing			
		20	020 Revisions							
N/A										
			Rationale							
N/A										

Progress in 2019

While the original target date for this objective was in 2017, the Children's Work Group (CWG) continues to be supported the Volusia/ Flagler Behavioral Health Consortium. Additionally, the V/F BHC is conducting a self-assessment and will be developing strategies to impact behavioral health including youth behavioral health.

How Targets Were Monitored

Goal B: Increased access to youth behavioral health care.

Strategy: Collaboratively develop a unified intake process to access youth behavioral services.

Objective 1: Implement at least two strategies to reduce the identified barriers by December 31, 2017.

Key Partners: FL LINC (Florida Linking Individuals Needing Care)

	2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²			
1.	Implement at least two strategies to reduce the identified barriers by December 31, 2017.	0 strategies	2 strategies were implemented in 2018-19	2 Strategies.	6/30/19		Completed			
		20	020 Revisions							
N/A										
Rationale										
N/A										

Progress in 2019

While this strategy had an original end date in 2017, the objective was continued. Two strategies were performed to reduce barriers to accessing youth behavioral health services. 1) Training was implemented for Youth Mental Health First Aid to educate. 2) QPR (Question, Persuade, Refer) suicide prevention training was conducted by FL LINC to raise awareness of open discussion of suicide. Additionally, the CHIP Steering Committee elected to purchase MySidewalk, an interactive data sharing platform. This tool is being configured to share and monitor data related to the two strategies mentioned above.

How Targets Were Monitored

Goal B: Increased access to youth behavioral health care.

Strategy: Collaboratively develop a unified intake process to access youth behavioral services.

Objective 2: Create a universal, effective intake process to access youth behavioral health care by December 31, 2017.

Key Partners: Volusia County Schools

	2019 Performance										
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²				
2.	Create a universal, effective intake process to access youth behavioral health care by December 31, 2017.	0 process	Objective met through implementation of an executive order.		6/30/19		Completed				
		20	020 Revisions								
N/A											
Rationale											
N/A											

Progress in 2019

Following events at Marjorie Stoneman Douglas High School, universal training for educators and sharing of information was mandated meeting this objective. Implementation began in the 2018-19 school year.

How Targets Were Monitored

Strategic Issue Area #3: Barriers to Accessing Health Care Services

Access to comprehensive quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life for everyone (Healthy People 2020). Access to health services means the timely use of personal health services to achieve the best health outcomes. It requires 3 distinct steps: gaining entry into the health care system; accessing a health care location where needed services are provided; and finding a health care provider with whom the patient can communicate and trust.

Access to Health Care Impacts:

- Overall physical, social, and mental health status
- Prevention of disease and disability
- Detection and treatment of health conditions
- Preventable deaths and life expectancy
- Disparities in access to health services affect individuals and society

Barriers to Accessing Health Care Services: Barriers include the lack of availability, high cost and lack of insurance coverage. These barriers can lead to unmet health needs and delays in receiving appropriate care. Barriers can also contribute to the inability to get preventive services and hospitalizations that could have been prevented.

Goal A: To identify barriers to care at all levels and identify strategies to eliminate them.

Strategy: Improve access to behavioral health services so all adults, children and families can achieve optimal health.

Objective 1: Identify at least two priority barriers based on stakeholder input by June 30, 2017.

Key Partners: Family Health Source

	2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²			
1.	Identify at least two priority barriers based on stakeholder input by June 30, 2017.	0	2	2	6/30/17	A	Completed			
		2	020 Revisions							
N/A										
Rationale										
N/A				·		·				

Progress in 2019

While the target date for this objective was not changed, the community continued to identify new barriers for 2018-19. Barriers were identified through the Community Health Survey and DOH-Volusia Town Hall meetings during the CHNA process. As identified by survey respondents, the first barrier is an inability to pay for doctor and/or hospital visits. The second barrier is that it is hard or expensive to cook/eat healthy.

How Targets Were Monitored

Goal A: To identify barriers to care at all levels and identify strategies to eliminate them.

Strategy: Improve access to behavioral health services so all adults, children and families can achieve optimal health.

Objective 2: Develop at least one strategy for each identified barrier by December 31, 2017.

Key Partners: Family Health Source, DOH-Volusia, Humana, Halifax Health, University of Florida IFAS (Volusia County Master Gardeners) and Derbyshire Place Board.

2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²		
2.	Develop at least one strategy for each identified barrier by December 31, 2017.	2	2 new	2	6/30/17	•	Completed		
		2	020 Revisions						
N/A									
Rationale									
N/A									

Progress in 2019

While the target date for this objective was not changed, two new strategies to overcome the identified barriers were developed in 2018-19.

- 1. In February 2019, Family Health Source, an FQHC with multiple sites in Volusia County opened a dental practice in West Volusia offering a sliding scale fee discount program for dental services.
- 2. The Derbyshire community Garden was completed on April 5, 2019. 32 raised beds were rented out by residents and partners by June 14, 2019. The garden was created through partnership among DOH-Volusia, Humana, Halifax Health, University of Florida IFAS, Volusia County Master Gardeners and Derbyshire Place Board.

How Targets Were Monitored

Goal A: To identify barriers to care at all levels and identify strategies to eliminate them.

Strategy: Improve access to behavioral health services so all adults, children and families can achieve optimal health.

Objective 3: Increase transportation options for customers seeking mental and behavioral health services by expanding one current option and adding one new option by December 31, 2017.

Key Partners: Family Health Source, DOH-Volusia, Humana, Halifax Health, University of Florida IFAS (Volusia County Master Gardeners) and Derbyshire Place Board.

	2019 Performance									
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²			
3.	Increase transportation options for customers seeking mental and behavioral health services by expanding one current option and adding one new option by December 31, 2017.	2	1 new	2	6/30/17		Completed			
		20	020 Revisions							
N/A										
	Rationale									
N/A					-					

Progress in 2019

While the target date for this objective was not changed, one new strategy to increase transportation options was implemented in 2018-19. Additionally, Family Health Source continued to provide transportation for patients needing it.

Volusia County's Votran Transportation services expanded routes in two parts of the County. A new route in New Smyrna Beach travels on State Road 44 with access to AdventHealth. Another route was expanded in Deltona to include transport to Halifax Health Medical Center.

How Targets Were Monitored

Goal B: To create a unified and valid/accurate data collection and sharing system.

Strategy: Enhance access to valid/accurate community health data.

Objective 1: Convene a collaborative of at least five community providers to identify, collect and share (among the collaborative) data within the scope of the CHNA 5 Health Priority Issues by December 31, 2017.

Key Partners: Family Health Source, DOH-Volusia, Humana, Halifax Health, University of Florida IFAS (Volusia County Master Gardeners) and Derbyshire Place Board.

		201	19 Performand	:e			
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
1.	Convene a collaborative of at least five community providers to identify, collect and share (among the collaborative) data within the scope of the CHNA 5 Health Priority Issues by December 31, 2017.	2	1 new	2	6/30/17	•	Not Completed
		20	020 Revisions				
N/A							
Rationale							
N/A							

Progress in 2019

Discussions among multiple potential collaborating partners proved to be in vain. Data sharing capability has not been developed due to HIPAA and other agency confidentiality requirements.

How Targets Were Monitored

Strategic Issue Area #4: Healthy Eating and Physical Activity

Regular physical activity can help people manage their weight as well as reduce their risk for chronic disease. According to guidelines set by the Centers for Disease Control and Prevention, children and adolescents should get 60 minutes or more of physical activity per day, and adults 18 years and older should get 150 minutes of physical activity per week. Most people do not get the recommended amount of daily activity.

Proximity to exercise opportunities, such as parks and recreation facilities, has been linked to an increase in physical activity among residents. Regular physical activity has a wide array of health benefits including weight control, muscle and bone strengthening, improved mental health and mood, and improved life expectancy.

As reported on the Community Health Survey, Volusia residents' Top 5 Things that Allow YOU to be Healthy Where You Live are:

- Access to health care
- Access to places where they could be active
- Having a clean and healthy environment
- Access to healthy foods
- Areas where it is easy and safe to walk

Goal A: Educate and inspire change for enhancing HEPA at the individual, family and community level.

Strategy: Increase community-wide knowledge of healthy eating and physical activity messaging.

Objective 1: Develop a plan to broaden implementation of 5-2-1-0 in all age groups by June 30, 2017.

Key Partners: UF/IFAS Extension, Stetson University, Mid Florida Community Services Head Start, Early Learning Coalition of Flagler & Volusia Counties, Council on Aging, Greater Union Life Center, SMA Healthcare, Volusia County Libraries, St. Anne's Church, Turie T. Small Elementary School parents, Derbyshire Place Community Center, County of Volusia employees, DeLand High School, Hope Fellowship Church, Volusia County Schools School Way Café

	2019 Performance						
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
1.	Develop a plan to broaden implementation of 5-2-1-0 in all age groups by June 30, 2017.	1 plan	1 plan implemented	1 plan	6/30/17	A	Completed
		2	020 Revisions				
N/A							
Rationale							
N/A							

Progress in 2019

While the objective description and target date did not change, the community continued to implement the plan with great success. DOH-Volusia public health nutritionist helped to implement the 5210 plan. Over 850 Volusia County residents participated in education highlighting 5-2-1-0 messaging. Groups include: City of Deltona workers, Head Start parents, the Daytona Rotary, Derbyshire Place Community Center, and 5210 training for child care workers at the Early Learning Coalition Flagler/Volusia annual training. Additionally, 59 dance students at DeLand High School received education on 5210 messages through 50-minute interactive sessions. Education on 5210 healthy habits was also offered at the Deland High School FACT Fair.

UF/IFAS County Extension teaches Farms to School nutrition education at multiple schools. They supported 12 school gardens and reached approximately 1,095 students with garden focused education. They also supported 26 K-5 schools reaching 3,136 students, 10 senior sites reaching 1,004 older adults. They are newly supporting VPK throughout the summer (7 VPK sites reaching 170 students).

How Targets Were Monitored

Goal A: Educate and inspire change for enhancing HEPA at the individual, family and community level.

Strategy: Increase community-wide knowledge of healthy eating and physical activity messaging.

Objective 2: Work with childcare facilities and schools, birth to 8th grade, to integrate 5-2-1-0 into the curriculum in at least 3 childcare facilities and at least three schools by October 31, 2017.

Key Partners: Early Learning Coalition of Flagler & Volusia Counties, Volusia County Schools School Way Café, DOH Volusia

		201	19 Performand	e			
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
2.	and schools, birth to 8 th grade, to	3 child care facilities, 3 schools	2 new child care facilities, 56 schools	3 new child care facilities, 3 new schools	10/31/17	A	Completed
		2	020 Revisions				
N/A							
	Rationale						
N/A							

Progress in 2019

While the objective and target numbers and date did not change, the community continued to expand 5-2-1-0 with great success. The Volusia County School District announced the schools that are HUSSC/SLM Healthy School award winners. Three schools in the district are Gold, 23 are Silver Award Winners and 9 schools are Bronze. The applications for HUSSC/SLM were in partnership between DOH-Volusia, UF/IFAS Extension, The Florida Department of Agriculture, and Volusia County Schools. This was a yearlong initiative among the four agencies. Over 20,000 students will be impacted by healthier environment and these awards will bring \$32,000 to the winning schools (award money will be used toward health initiatives).

The Early Learning Coalition of Flagler & Volusia has two childcare programs participating in 5-2-1-0 this year and expect at least three more to participate next year.

How Targets Were Monitored

Goal B: Motivate and advocate HEPA policies in the public and private domains.

Strategy: Increase community-wide collaboration on healthy eating strategies and physical activity opportunities.

Objective 1: Create a food policy council and identify a backbone organization by June 30, 2017.

Key Partners: DOH-Volusia, UF/IFAS Extension

	2019 Performance						
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
1.	Create a food policy council and identify a backbone organization by June 30, 2017	0 food policy councils	0	1 food policy council	6/30/17	▼	Not Completed
		2	020 Revisions				
N/A							
Rationale							
N/A	_						

Progress in 2019

Work began, and meetings were convened for a regional council; however, several regional leaders changed positions and the initiative lost traction. We are transitioning into the next CHIP cycle and will likely be replacing this objective with a new one to accomplish a similar strategy.

How Targets Were Monitored

Goal B: Motivate and advocate HEPA policies in the public and private domains.

Strategy: Increase community-wide collaboration on healthy eating strategies and physical activity opportunities.

Objective 2: Identify and promote/raise awareness of physical activity opportunities in the community (ongoing).

Key Partners: Starke Elementary School, Stetson University, DOH-Volusia and the Health Planning Council of Northeast Florida (HPCNEF).

		201	19 Performand	е			
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
2.	Identify and promote/raise awareness of physical activity opportunities in the community. (ongoing)	1	2 new	1 new	ongoing	•	Completed
		2	020 Revisions				
N/A							
Rationale							
N/A					_	•	

Progress in 2019

On October 12, 2018, Edith I. Starke Elementary School participated in the 2018 Walk to School Day. This event is part of a growing movement to encourage year-round safe routes to school programs (SRTS). Over 70 students walked and biked to school with parents, law enforcement representatives, and volunteers from Stetson University, DOH-Volusia County and the Health Planning Council of Northeast Florida (HPCNEF).

AdventHealth awarded the ELCFV with a grant to promote physical activity. Each 5210-participating site is given \$200 per classroom to promote physical activity; hydration station will be installed with the allotment.

How Targets Were Monitored

Strategic Issue Area #5: Chronic Disease: Cardiovascular Disease and Diabetes

Chronic diseases and conditions—such as heart disease, stroke, cancer, and diabetes—are among the most common, costly, and preventable of all health problems. These conditions shorten lives, reduce quality of life, and create considerable burden for caregivers. Not only do chronic diseases affect health and quality of life, they are also a major driver of health care costs. According to the CDC, in 2010, eighty-six percent of all health care spending was for people with one or more chronic medical conditions. Because of their significant impact on quality of life, the cost and their economic impact, and their common modifiable risk factors, Cardiovascular Diseases and Diabetes were selected as part of the initial health priorities to address in Volusia County.

Goal A: Increase access to Cardiovascular Disease /Diabetes Management Care.

Strategy: Increase the number of chronic disease programs and knowledge of existing resources in the community.

Objective 1: Identify funding for increased/ enhanced prevention initiatives by June 30, 2017.

Key Partners: Municipalities, hospital systems, DOH-Volusia

	2019 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²	
1.	Identify funding for increased/ enhanced prevention initiatives by June 30, 2017	1	0	1	6/30/17	A	Completed	
		2	020 Revisions					
N/A								
Rationale								
N/A								

Progress in 2019

Objective was achieved in 2017. No specific progress in 2019 but the search is ongoing for funding for prevention initiatives. More municipalities are starting Mayor's Fitness Challenge projects and the hospital systems are supporting prevention in public schools.

How Targets Were Monitored

Goal A: Increase access to Cardiovascular Disease /Diabetes Management Care.

Strategy: Increase the number of chronic disease programs and knowledge of existing resources in the community.

Objective 2: Document and publicize the availability of affordable, countywide access to healthcare by June 30, 2017.

Key Partners: Municipalities, hospital systems, DOH-Volusia

	2019 Performance						
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
2.	Document and publicize the availability of affordable, countywide access to healthcare by June 30, 2017	2	4	1	6/30/17	A	Completed
		20	020 Revisions				
N/A							
Rationale							
N/A							

Progress in 2019

Volusia County's Votran Transportation services expanded routes in two parts of the County. On June 25, 2018, a new route in New Smyrna Beach travels on State Rd. 44 with access to AdventHealth, beachside, and a supermarket. On February 25, 2019, a route was expanded in Deltona to include transport to Halifax Health Medical Center, Daytona State College and the County library. In February 2019, Family Health Source, an FQHC with multiple sites in Volusia County opened a dental practice in West Volusia offering a sliding scale fee discount program for dental services. This information is published widely and available at monthly OVFV Coalition meetings reaching over 100 community organizations directly serving families.

How Targets Were Monitored

Goal B: Increase participation in Cardiovascular Disease/Diabetes Management education and prevention programs.

Strategy: Connect individuals at risk with a coordinated support system.

Objective 1: Increase participation in education initiative programs by 25% by June 30, 2017.

Key Partners: Volusia Flagler Family YMCA, Halifax Health

		201	19 Performand	e			
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
1.		Not determin- ed	Education and support offered at Healthy Living Centers at the Y	Not determin ed	6/30/17	A	Completed and ongoing
		20	020 Revisions				
N/A							
Rationale							
N/A							

Progress in 2019

The Volusia Flagler Family YMCA Health Living Centers in partnership with Halifax Health offered diabetes education programs in two locations on the east and west sides of the county. This is an ongoing initiative.

How Targets Were Monitored

Goal B: Increase participation in Cardiovascular Disease/Diabetes Management education and prevention programs.

Strategy: Connect individuals at risk with a coordinated support system.

Objective 2: Increase participation in prevention initiative programs by 25% by June 30, 2017

Key Partners: Municipalities, hospital systems, DOH-Volusia

	2019 Performance						
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
2.	Increase participation in prevention initiative programs by 25% by June 30, 2017	Not determin -ed	There was an increase and efforts are ongoing	Not determin ed	6/30/17	•	Completed and ongoing
		2	020 Revisions				
N/A							
Rationale							
N/A							

Progress in 2019

Create a Healthy Plate nutrition education for type 2 diabetics and for diabetes prevention was offered to County of Volusia employees at three locations. Over 75 county employees attended the one hour lunch and learn. This program was also offered in October 2018 at the Deltona library and the New Smyrna Beach library as part of Healthy Living Month. Diabetes education was also offered at the Spring Hill Community Center. Thirteen adults participated. This is an ongoing initiative

How Targets Were Monitored

Trend and Status Descriptions

¹Trend Descriptions:

- ▲ = Data trend is upward and in the desired direction for progress
- = Data trend is downward and in the desired direction for progress
- = Data trend is upward and in the undesired direction for progress
- = Data trend is downward and in the undesired direction for progress

²Status Descriptions:

- On Track = Objective progress is exceeding expectations or is performing as expected at this point in time
- Not on Track = Objective progress is below expectations at this point in time
- Decision Required = Objective is at risk of not completing/meeting goal. Management decision is required on mitigation/next steps.
- Completed = Objective has been completed or has been met and the target date has passed
- Not Completed = Objective has not been completed or has not been met and the target date has passed

New Objectives

New Objective Number	New Objective	Baseline	Target Value	Target Date				
N/A	N/A	N/A	N/A	N/A				
	New Objective Rationale							
N/A								

Revisions

Volusia County did not revise the CHIP in 2019. The new Community Health Assessment (CHA) process began in November 2018 resulting in a collaborative Community Health Needs Assessment (CHNA) Report published in August 2019. It was anticipated the CHIP would promptly follow. Community partners serving on the CHNA Steering Committee and CHNA Leadership Team participated in meaningful discussions throughout the fall and winter of 2019 leading to a truly community-owned CHIP and pushing the 2020-2022 CHIP publication forward to an expected March 2020 date.

Consequently, no revisions were made the CHIP ending in 2019 and the new CHIP begins implementation in March 2020. During the interim months, starting in July 2019, community partners reflected on their programs and services, began to streamline and consolidate the multiple behavioral health committees and coalitions, and heightened their awareness of and participation in achieving health equity. Additionally, many of the prior CHIP objectives are ongoing.

While the timeline for producing the CHA and CHIP was atypical, our community believes the resulting CHIP to be a more collaborative, deliberate and valuable document with a stronger plan for monitoring and reporting progress.

Accomplishments

Goal	Objective	Accomplishment
Increased	Host four countywide Mental Health	SMA Healthcare employed a Mental Health
knowledge and	First Aid trainings in Volusia County	Training Awareness Coordinator to
decreased stigma	by June 30, 2017	coordinate Mental Health First Aid trainings
for mental and		throughout Volusia County. While the target
behavioral health in		date for this objective was in 2017, work has
Volusia County		continued on the objective. In 2018-19, 23
Strategic Health Issue: Adult Behavioral Health		training sessions were conducted in 3 of the 4 quadrants in Volusia County with 436 people trained in Mental Health First Aid.

Why This Accomplishment is Important for Our Community

Mental health and substance use disorder continue to be a priority for residents of Volusia County. These issues remain closely tied to other Priority Health Issues. When asked in a community health survey, "Health issues YOU are most concerned about?" residents responded addiction (alcohol or drug) was number one (51.6%) and mental health problems were number three (42.7%) Continuing to offer a significant number of Mental Health First Aid trainings provided awareness and education to a large audience who interact with residents and visitors daily.

Goal	Objective	Accomplishment
Educate and inspire change for enhancing HEPA at the individual, family and community level. Strategic Health Issue: Health Eating and Physical Activity	Work with childcare facilities and schools, birth to 8th grade, to integrate 5-2-1-0 into the curriculum in at least 3 childcare facilities and at least three schools by October 31, 2017	On January 7, 2019, all (35) elementary schools in the Volusia County School District received HUSSC/SLM recognition. Three gold level awards, 23 silver and 9 bronze. Bronze level schools received \$500, Silver Level, \$1,000 and Gold \$1,500. This brought \$32,000 into the school district to be used for healthy eating/physical activity initiatives. During the previous year, only 1 school achieved recognition.

Why This Accomplishment is Important for Our Community

Over 20,000 students are experiencing a healthier school environment as a result of this project. The Smarter Lunchroom Assessment resulted in changes the cafeteria could easily incorporate to nudge children towards healthier choices. The school district had creative names for fruits and vegetables and designed attractive clings for staff to place on the lunch line. Team members also took time to meet with each principle to review all the "Criteria of Excellence" which help make the school a healthier environment. It took seven months of planning, assessing schools and writing narratives for the completion of the HUSSC/SLM application. On June 29, 2018, the HUSSC specialist with the Florida Department of Agriculture and Consumer Services submitted all the HUSSC applications to Tallahassee for review.

The health behaviors of Healthy Eating and Physical Activity are critical to improving overall health. The Volusia County School District School Way Café met with DOH-Volusia, UF/IFAS Extension, and the HUSSC Specialist from the Florida Department of Agriculture to plan and assist schools in applying for this recognition. It was decided to target Elementary Schools and prioritize economically disadvantaged schools. The DOH-Volusia Public Health Nutritionist and UF/IFAS Public Health Specialist conducted Smarter Lunchroom Assessments at the designated schools. These efforts will contribute to reducing the risk of developing serious health conditions including heart disease, diabetes and cancer.

Conclusion

The Community Health Improvement Plan serves as a roadmap for a continuous health improvement process for the local public health system, which includes all sectors of the community and is not limited to the county health department, by providing a framework for the chosen Priority Health Issues. It is not intended to be an exhaustive and static document. Progress has been evaluated on an ongoing basis through monthly Healthy Volusia meetings and discussions with community partners. Annual reviews were conducted based on input from partners and an annual progress report was submitted by March of each year. As the term for this CHIP comes to an end, multiple objectives will continue as sustained, ongoing efforts and will evolve over time as new information and insight emerges at the local, state and national levels.

Volusia County has and is seeing significant health challenges in public health to include: the opioid epidemic, and high rates of STIs, HIV and Hepatitis A. Challenges also include barriers to accessing care, health and socioeconomic disparities, mental health, and the prevalence of obesity, chronic disease, nicotine use, infant mortality, weather-related disasters such and hurricanes and floods, and many others. The local public health system must continue to influence, access and coordinate partnerships and capabilities necessary to strengthen the capacity and impact of Volusia County to advance health equity and make significant strides to improve, promote and protect health. Through partnerships and building relationships, communities will be more likely to have the resources and information they need to achieve optimal health outcomes.

Appendices

The following appendices are attached:

- A. Annual CHIP Review Community Meeting Agenda June 25, 2019
- B. Annual CHIP Review Community Meeting Sign-in Sheets June 25, 2019
- C. Annual CHIP Review Community Meeting Minutes June 25, 2019
- D. Comprehensive List of Community Partners

Appendix A – Annual CHIP Review Community Meeting Agenda June 25, 2019

Healthy Volusia

Meeting Location: Room 516 A

Florida Department of Health in Volusia County

June 25, 2019, 9:00 - 10:30 a.m.



AGENDA

<u>Purpose:</u> 1) Learn about community partner activities in support of the CHIP during 2018-19 and 2) engage in open dialogue to achieve consensus decisions.

Topic	Lead	Time
Welcome/Call to Order Please sign-in Brief review of agenda Introductions	Akisia German, All	9:00 – 9:10 a.m.
Adult Behavioral Health	All	9:10 – 9:25 a.m.
Youth Behavioral Health	All	9:25 – 9:40 a.m.
Barriers to Accessing Health Care	All	9:40 – 9:55 a.m.
Chronic Disease: Cardiovascular Disease and Diabetes	All	9:55 – 10:10 a.m.
Healthy Eating and Physical Activity	All	10:10 – 10:25 a.m.
Next Steps What? How? Who? Who? Member Announcements and Meeting	Akisia German, All	10:25 – 10:30 a.m.
Evaluation Adjourn – Next meeting: July 23, 2019	Akisia German, All	10:30 a.m.

2019 Meeting Schedule

4th Tuesday of every month (except 3rd Tuesday in December) from 9:00 to 10:30 a.m.

Room 516 A, Florida Department of Health in Volusia County

July 23 October 22 August 27 November 22 September 24° December 17°

Appendix B - Annual CHIP Review Community Meeting Sign-in Sheets June 25, 2019 (1 of 2)

Healthy Volusia Meeting Meeting Location: Room 516 A Florida Department of Health in Volusia County June 25, 2019 9:00 – 10:30 a.m.



Sign In Sheet

<u>Purpose</u>: 1) Learn about community partner activities in support of the CHIP during 2018-19 and 2) engage in open dialogue to achieve consensus decisions.

Attendees Community Partners, FDOH-Volusia Staff

Name	Organization or Community Representative	Email	Phone
Jill Tunfor	Volusia - DOH	380	457-6312
Incon Joneya	DWVFC	jahning vere on te.	275-1997
Mica Grama	2(CFV	in beautegard ach	\$ 317-337
Patrick Zayas	UF lifes	PATAVAS CUEL	386 827 577
Edie Biro	Votran	e bito@volusia.ong	763-3747
existation mail	volvisa-00+	ON file.	
Saylor Cehelnik	Healthy Start Coalition	taylor. Cehelaik @ healt	ly startfully
Kally Searle Ac	wood Braile & Talking	Kuthy accordingly.	586-239-606
TDRI CLUVE	Volusia DOH	I	Short
Thomas Beyont	in the state of th	Sauce	Solme
Julie Barron	the second of th	16 barrow @volusio	. K12. fl.
Lynn Vennet	STEV/DOH-V	Some	X 0607
30)			

Appendix B - Annual CHIP Review Community Meeting Sign-in Sheets June 25, 2019 (2 of 2)

Healthy Volusia Meeting Meeting Location: Room 516 A Florida Department of Health in Volusia County June 25, 2019 9:00 – 10:30 a.m.



Sign In Sheet

<u>Purpose:</u> 1) Learn about community partner activities in support of the CHIP during 2018-19 and 2) engage in open dialogue to achieve consensus decisions.

Attendees Community Partners, FDOH-Volusia Staff

Name	Organization or Community Representative	Email	Phone
France Rellevine	Volusia CtySchols us FPOH Vol.	gkkellen@volusis	
Tarayn Kork	rs FPOH Vol.	0	

Appendix C – Annual CHIP Review Community Meeting Minutes June 25, 2019 (1 of 2)



Florida Department of Health in Volusia County
Healthy Volusia Meeting
Room 516A, Florida Department of Health in Volusia County
June 25, 2019 9:00 – 10:30 a.m.

COMMUNITY MEETING MINUTES

ealthyVolusia

<u>Purpose:</u> 1) Learn about community partner activities in support of the CHIP during 2018-2019 and 2.) engage in open dialogue to achieve consensus decisions.

Attendees Community Partners, Florida Department of Health in Volusia County Staff

Name	Organization or Community Representative	
Kathy Searle-Acevedo	Braille and Talking Books Library	
Micky Beauregard	Early Learning Coalition of Flagler and Volusia Counties	
Thomas Bryant III	Florida Department of Health in Volusia County	
Akisia German	Florida Department of Health in Volusia County	
Tori Culver	Florida Department of Health in Volusia County	
Jill Taufer	Florida Department of Health in Volusia County	
Tarayn Korkus	Florida Department of Health in Volusia County	
Lynn Kennedy	Florida Department of Health in Volusia County/OVFV	
Taylor Cohelnik	Healthy Start Coalition Flagler Volusia Counties	
Julie Barrow	SEDNET	
Jason Dominquez	United Way Volusia Flagler Counties	
Angelika Keene	University of Florida IFAS Extension	
Patrick Zayas	University of Florida IFAS Extension	
Grace Kellermeire	Volusia County School	
Edie Biro	Votran	

Appendix C – Annual CHIP Review Community Meeting Minutes June 25, 2019 (2 of 2)



Florida Department of Health in Volusia County Healthy Volusia Meeting Room 516A, Florida Department of Health in Volusia County June 25, 2019 9:00 - 10:30 a.m. ealthy Volusia

COMMUNITY MEETING MINUTES

Speaker	Topic	Discussion
Akisia German	Welcome/Call to Order Introductions Brief review of agenda Reminder to sign-in	Called to order at 9:00 a.m. by Akisia German followed by self-introductions around the room. The meeting packet was reviewed and participants were reminded to sign-in and complete a meeting evaluation at the end of the meeting.
Akisia German, All	Community Health Improvement Plan Updates: Breakout sessions	Members were asked to sit at tables that reflected the priority health issue they will provide updates about. Members had the opportunity to rotate tables (if applicable) to discuss progress and successes within each area.
Akisia German, All	Community Health Improvement Plan updates: Report out	The groups provided community health improvement plan updates highlighting each priority health issue. Akisia documented activity reports and progress as they were being presented.
	Open Discussion	Members further discussed CHIP activity update successes and challenges.
Akisia German, All	Next Steps	Several members will email Akisia completed CHIP update forms or email as written documentation of the priority health issue update.
Akisia, All	Member Announcements	Members announced upcoming events hosted by their organizations
	Adjourn	10:05 a.m.

Appendix D – Comprehensive List of Community Partners

- ♦ Children's Medical Services
- ♦ Bethune-Cookman University
- ♦ City of Daytona Beach
- ♦ Comprehensive Care Center
- ♦ County of Volusia
- Daytona Beach Health & Rehabilitation
- ♦ Daytona State College
- Early Learning Coalition of Flagler and Volusia
- ♦ Easter Seals
- ♦ Family Health Source
- ♦ Flagler Cares
- Florida Department of Health in Volusia County
- ♦ Florida Health Care Plans
- ♦ Good Samaritan Clinic
- ♦ Healthy Start of Volusia-Flagler
- ♦ Halifax Health System
- ♦ Hispanic Health Initiative
- Florida Department of Juvenile Justice
- ♦ Florida Health Care Plans
- ♦ Florida Hospital (now AdventHealth)
- Florida Hospital Community Care Network
- ♦ Good Samaritan Clinic
- ♦ Healthy Hope Organization

- Health Planning Council of Northeast Florida Intuitive TCM
- ♦ Jesus Clinic LSF
- ♦ Magellan Health Care
- Mid Florida Community Services Head Start
- ♦ Midtown HEAT
- ♦ One Voice for Volusia
- Outreach Community Care Network
- ♦ Pediatric Health Choice
- ♦ Rehabilitation Center for the Blind
- ♦ Salvation Army
- ♦ San Jose Mission Church
- Stewart-Marchman-Act Behavioral Healthcare (now SMA Healthcare)
- United Way of Volusia-Flagler Counties
- University of Central Florida Doctor of Nursing Practice Program
- University of Florida Family Nutrition Plan
- University of Florida/Institute of Food and Agricultural Science
- ♦ Volusia Flagler Family YMCA
- ♦ Volusia County Sheriff's Office
- ♦ Volusia County Schools
- ♦ Volusia Rape Crisis Center
- WGU